



## Scottsdale Training and Rehabilitation Service 2008-2009 *Changing Lives Through Opportunity*

**Mission:** *to improve the lives of individuals with developmental and cognitive disabilities.*

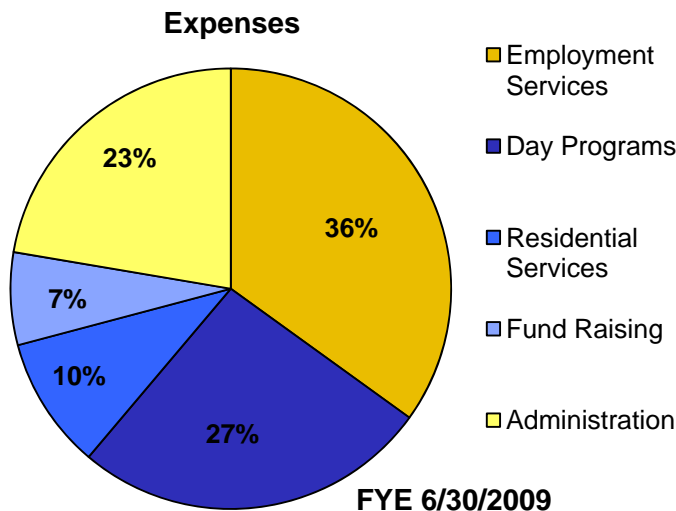
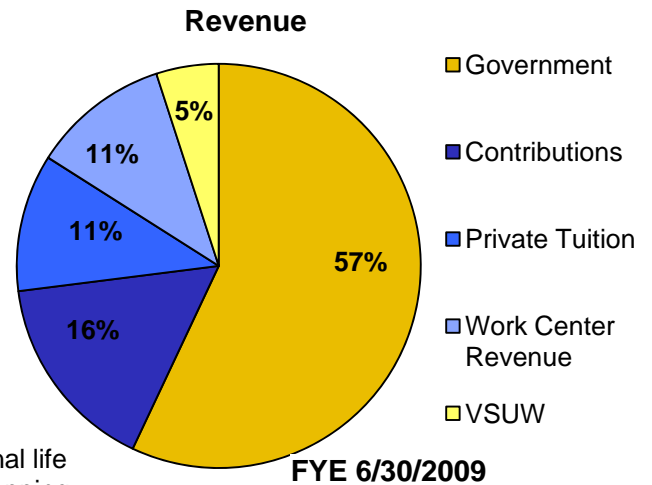
STARS fulfills this mission by providing access to an array of integrated services, goals and personal development, with specific attention given to each person's individual needs.

**Employment Services:** STARS' Employment Services strive to achieve paid employment for participants and introduces the community to the amazing things individuals with disabilities are capable of accomplishing. STARS' two on-site work centers provide nearly 80 individuals with on-the-job training and work experience.

During 2008-2009, STARS supported 22 individuals working at local employers and directly supervised eight participants working at the Fry's enclave. Overall, 91 percent of individuals participating in STARS' employment services met their employment objectives.

**Day Programs:** STARS participants take part in Day Programs designed to provide personalized instruction in functional life skills such as behavior management, cooking, transportation, shopping, time management, socialization and recreation. During 2008-2009, 78 individuals attended STARS Day Programs and 75 percent met their program objectives.

**Creative Arts Programs** - The Creative Arts programs, Shoot for the STARS photography and Drawn Together art program, are led by professional artists. These programs help adults with a variety of disabilities strengthen key areas in their lives with emphasis on gaining self-esteem, increasing independence and finding a means of self-expression. Completed works of art were included in two art shows and two juried art competitions during 2008-2009.



### How You Can Help STARS

***Attend*** our events

***Donate*** to our mission

***Volunteer*** your time & talents

***Spread the Word*** about STARS

***Follow us*** on Twitter & Facebook